

NEWSLETTER

SPRING 2020



CATHCART TRINITY CHURCH

FOLLOWING JESUS CHRIST • GLORIFYING GOD • SERVING OTHERS

Letter from our Minister

Dear Friends

The week after Christmas I found myself in the “Free from” section of a local supermarket. I was hoping to find some discounted dairy free chocolate coins or selection boxes. I was unsuccessful. On the shelf where they had been (full price) only a few days earlier, there now lay Easter eggs.

Despite the chocolate eggs’ warning, Lent and Easter always come as a bit of a surprise to me. As a minister, preparation for Lent has to be underway almost as soon as the Christmas decorations come down. That said, I am always happy to prepare for Lent, because it is such an important season in the Christian year.

Lent has a long history in the Church. There are hints from letters written around a century after Jesus’ birth that a 40 hour fast was marked in the lead up to Easter Sunday to remember when Jesus was in the tomb. This period of fasting came to be observed especially by those who were preparing for being baptised on Easter Sunday. (The early church held baptisms on Easter Sunday to link their new lives to Jesus rising from the dead.) As the years, passed more and more people got involved with this Lenten fast, and the time spent fasting extended from 40 hours to 40 days. It moved from being complete fast from all food, to a fast of specific things. Today it might also involve a positive activity such as 40 Acts of Kindness.

While Lent may have developed over the years, its purpose of preparing us for Easter and inviting us to remember our need of God remains the same. For that reason, I’m delighted to share that between ourselves, Cathcart United Free Church and Cathcart Baptist Church, we have organised a Lent study course created by Engage Worship called “Worship in the Wilderness”.

Firstly, there will be worship gatherings every Wednesday and there are daily devotion materials leading us right through Lent. Please contact me or Wilma if you would like a copy of the materials.

Wishing you all a very happy Lent and Easter

Alasdair

Stated Annual Meeting

The Stated Annual Meeting will be held at 12 noon, after the morning worship, on Sunday 29th March 2020.

This is an important meeting in the life of our church.

Please plan to be there and have your say!

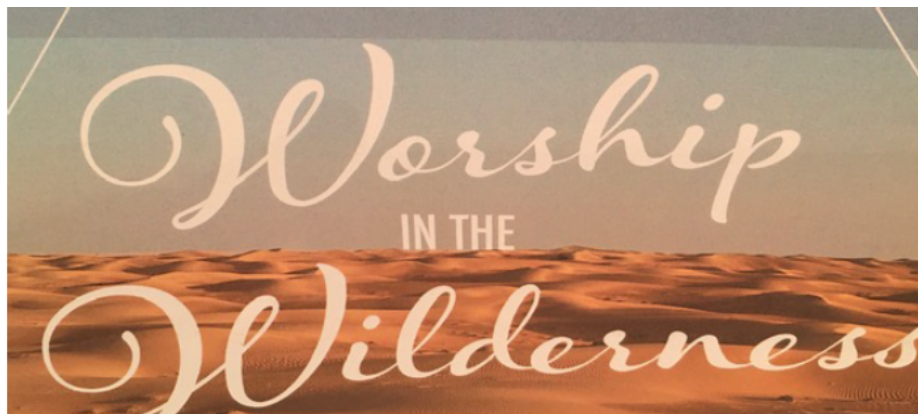
All are welcome.

CELEBRATION OF COMMUNION

All friends and members of the congregation are invited to join us for the celebration of communion on

Sunday 8th March at 11am & 6pm

Thursday 12th March at 12.45pm



A series of studies for Lent involving the congregations of
Cathcart Trinity (90 Clarkston Road)
Cathcart United Free (7 Struan Road)
Cathcart Baptist (96 Merrylee Road)

Journey through Lent together.

Wednesday 26th Feb United Free Church 7.30pm
Wednesday 4th March United Free Church 7.30pm
Wednesday 11th March Baptist Church 7.30pm
Wednesday 18th March Baptist Church 7.30pm
Wednesday 25th March Baptist Church 7.30pm
Wednesday 1st April United Free Church 7.30pm
Wednesday 8th April United Free Church 7.30pm

(Tea and coffee will be available from 7.15pm each evening)

A course book will be available on the first night (£5.00)
This contains readings on the themes for the season of Lent.

A warm invitation is extended to anyone who would like to participate.

Please speak to Alasdair MacMillan, Derrick Watson or Wilma Pearson for more information.

CELEBRATION OF EASTER IN CATHCART TRINITY

Maundy Thursday 9th April

Worship with communion - 7.30pm

Good Friday 10th April

Good Friday Reflections - 11am

Good Friday Service - 7.30pm

Easter Sunday 12th April

Service in Holmlea Park service at 9am

Cathcart Trinity morning worship 11am

Joint Evening Easter Service 6.30pm



IT'S TIME TO CHANGE! by Willie Black

There is no doubt that whenever we come to faith in Jesus, a great change comes into our lives. The Bible tells us that it is like being born again. Our whole outlook on life changes - we think differently - we do different things - sometimes we need to change habits and even friends. However, if we are not careful, we can get stuck. We settle into certain habits. We don't grow - we just get stuck! The Bible talks about some Christians who are immature - they are just like babies still only on milk. So perhaps it is time to change - to move on - to get out of the rut. Few people like change but as the saying goes "a change is as good as a rest". So here are some suggestions of changes you might like to make. Why not choose one to start your change?

Decide you will not sit in your normal seat on Sunday but will sit beside someone you don't know.

Decide you will come to the evening service or the Thursday Lunch time service. Don't be content with once a week worship.

Decide you will attend one of the two monthly prayer meetings. Sadly, at the moment, there are rarely more than 20 at these meetings. Some are worried because they have never prayed out loud before - so write a little prayer and read it - and if you don't come because you don't hear well - a small group of those who have problems hearing can be made. No excuse really!

Decide you will join a Sofa group to get to know some people more deeply and extend your Bible knowledge. Join the Guild or come to Moments Café.

Decide to see if there is some little job you could be involved with - welcoming visitors - making the tea - join the Praise Group etc

**IT'S TIME TO CHANGE!
WHICH CHANGE WILL YOU MAKE?**

PRAYER BREAKFASTS UF CHURCH, STRUAN ROAD

SATURDAY 28th February 08:30 – 10.00am

The prayer breakfast this month will be focusing on healing. This will be an opportunity to pray with others for people who are unwell. Breakfast is from 8.30 to 9am when we will have a time of fellowship around the breakfast table followed by prayer. All welcome.

“Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you ill? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord”
James 5 v13-14

SATURDAY 28th March 08:30 - 10:00am

This is our Easter prayer breakfast when we will be reflecting on the enormous sacrifice Jesus made on our behalf. We will also be praying for the holiday club which is held at Easter, asking God to bless the team as they prepare and for the children that they will be receptive to the message about Jesus. Come and join in the fellowship over breakfast followed by prayer. All welcome.

“For God so loved the world that he gave his one and only son, that whoever believes in him shall not perish but have eternal life.”
John 3 v 16

Monthly Prayer Meeting

Due to Lent Studies, there will be no prayer meetings on
Wednesday 11th March or 8th April 2020
There will be prayer meeting in UF Church, Struan Road on
Wednesday May 13th at 7.30pm

WIDER WORLD MISSION COLUMN by Willie Black

Europe

Europe - stretching from Ireland to parts of Russia, from Greenland to Greece - is seeing the long twilight of traditional Christianity. Most of the peoples of Europe were baptized by 1000AD and have had a Christian background ever since. Europe's nominal Christians are similar to soccer supporters who follow their team but never go to a match. They treat Christianity as a public utility, something you only call on in times of need. But now, even this nominal Christian identity is fading fast. In the Czech Republic, for example, over 70% of people now say they are 'non-religious.'

Evangelicals in Europe

1. Evangelicals –who emphasize faith in Christ and commitment to the Bible and conversion– are stronger in European countries with a Protestant heritage, such as Norway, Switzerland, Germany and the Netherlands. But of the world's 15 countries with five million evangelicals or more, only one is European (the UK).

2. The south-east European state of Romania also has many evangelicals. It has a large Roma population, many of whom are Pentecostals, and also an evangelical movement within the Romanian Orthodox Church.

3. Evangelicals make up an active minority of around 1% in Belgium, Bulgaria, France, Ireland, Italy, Lithuania, Malta, Monaco, Portugal, Slovakia and Spain. Here, evangelicals are often members of the poorest communities, or might be Roma, former drug users, or migrants.

4. Elsewhere, evangelicals in Europe are a tiny minority, tens of thousands or less in each country.

- *Pray for deep, wide renewal among the peoples of Europe, and the revival of Christian identity based on encounters with the living Christ*



By the time you read this notice Christmas will be well behind us. We received many donations during the Christmas period for which we are extremely grateful. Although our stock levels are good at this time, we know that we require to make this last for most of the year as Christmas is the time when we receive 70% of our donations.

We are extremely busy as ever with people really struggling to cope especially during the winter months. In addition to our usual foodbank parcels we are able to offer people some help with fuel if they have a prepayment meter and some lunch vouchers for a hot drink and filled roll from a local shop.

These additional supports are also of great benefit to people. We are currently short of gents' and ladies' shampoo, shower gel, razors, tinned custard/rice, tinned fruit and tinned vegetables.

Anne Hind

Gifts for Others – Thank you

Thank you for the huge number of gifts which were brought to church before Christmas. It was clear that a great deal of thought went into choosing gifts for the different age groups. They were delivered to Church House and Barnardo's.

Thanks also to the team who sorted and delivered them.



Linda Burke

CATHCART TRINITY CHURCH: JOYFUL GENEROSITY!

We'd love you to join us in the sanctuary at one of the times below. As a congregation we plan to explore our stewardship, not just of money, but of our time and talents. There will be light refreshments and some of our talented musicians will be playing.

Tuesday 17th March 2020 at 7.30pm
Wednesday 18th March 2020 at 2pm
Thursday 19th March 2020 at 7.30pm



Come and be challenged
and excited!

VISION 2020!

Would you consider giving £20.20 in 2020 to
Cathcart Youth Ministry Partnership SC039290?

If yes would you like to give
£20.20 monthly for 2020?
£20.20 as a one off donation?
£202.00 as a one off donation?

2020 will see the development of The Vibe: Skills for Living project
and our first ever activity day (one-day holiday club on a school in-service day)
and your financial support will make a huge difference

For more information, please contact
Dougie Paton, CYMP Treasurer
treasurer@radiatecathcart.org.uk

SUPPORT MISSIONS, SUPPORT ADRIAN, SUPPORT THE SALES TABLE

Your faithful and generous response to the Missions Sales Table has encouraged me since its inception. Thank you. On the 2nd February there were the largest ever number of different contributors; there were ten different people's goods.

The Sales Table arose out of a conviction that I had to do something to support overseas mission in our church. The first was held as Adrian's departure for Nepal looked imminent, and we were praising God for the newly granted work visa. That turned out to be the very day Adrian announced he could not take up his visa and needed to undergo treatment for cancer. To continue or not? We hoped and prayed for the best – Adrian's recovery and Adrian getting to Nepal. Since that time £2,000 has been sent to Adrian's account in International Nepal Fellowship (INF).

Sadly, due to the Nepal government restricting work visas, Adrian cannot go to work in Nepal. As was understood from the beginning, even in Adrian's absence INF will use the £2,000 for work in Nepal. The last of that money was paid to INF in July 2019. After that date donations and sales, now amounting to just over £900, were held back to be available to Adrian, for an anticipated trip to Nepal to get a visa, prior to going there to work. The Wider World Team, formed of CTC and UF members will allocate the £900 and any money raised in the future exclusively in the support of overseas mission. The Wider World Team reports to session.

Adrian is extremely grateful to all who have worked to make goods for the Sales Table, bought goods and given donations. He also wants to emphasise his gratitude for all the prayers made for him and thanks the Lord for His goodness in restoring his health and leading him to this day. Pray on for God to guide and bless Adrian's future.

I plead for your continued support. Some in our church are involved regularly in mission outreach here in Glasgow, showing the mercy, love and generosity of our God. But what of the great areas of darkness in the wider world, where no church exists to show God's goodness and tell of His grace in Jesus? Opportunities to spread the Good News of Jesus still abound. There is still a long way to go for every tongue and tribe to hear the gospel. Please continue to support the Mission Sales Table and the Wider World Team will do its best for overseas mission on your behalf.

Future sales table notices will be headed 'Support Mission, Support the Sales Table.'

Katie Black

DATES FOR YOUR DIARY

**Cathcart OMF prayer meetings
33 Tankerland Road at 1-2.30pm**

Friday 6 th March	a visit from friends who work in China
Friday 3 rd May	prayer meeting
Friday 5 th June	a visit from Gerard who works with OMF

**Glasgow OMF Event
Sandyford Church of Scotland
7th March 2020 at 10-1pm**

♦
**Scottish OMF Conference in ARBROATH
1st-3rd May 2020**

**GOFEST CONFERENCE
Tilsley College Motherwell
16th May 2020**

Lodging House Mission

“Heartfelt Thanks from the Lodging House Mission”

“I am writing to acknowledge and thank the congregation at Cathcart Trinity Church for their generous donation of £130 raised during Christmas Services to assist us in our work with the homeless, vulnerable and socially excluded persons at Lodging House Mission.

May God bless you, as you have been a blessing to the least of these our brothers and sisters in Christ



Glasgow City Mission Winter Night Shelter



We are grateful to the 28 volunteers from Cathcart Trinity and Cathcart UF who volunteered to serve at the Night Shelter during the week 16th-23rd February. This very worthwhile service, organised by Glasgow City Mission during the period December to March provides a bed for homeless people in Glasgow who would otherwise be sleeping on our pavements and shop doorways. Thanks are particularly due to Iain Duff for coordination of our efforts.

Angus Morrison

Art and Craft Club

The Art and Craft Club is well underway after our Christmas break. We are busy working towards our **Coffee Morning and Sale of Work on 7TH March 10am – 12 noon in the Sanctuary.**

I do hope you can join us for what is usually an enjoyable and sociable morning looking at Art and discussing the Crafts over a cup of tea or coffee and some home baking. This is a great opportunity to see just what we do on a Thursday morning and, for anyone who would like to join us, please talk to us on Saturday 7th March.

Fiona Sutherland

**Art and Craft Club
Show and Sale of Work
& Coffee Morning**

Cathcart Trinity Church
90 Clarkston Road



SATURDAY 25 March
10am – 12noon



Homebaking donations gratefully received

Safeguarding

As Safeguarding Coordinators, Donald and I carry out the procedures which the Church of Scotland has in place for our churches: recruitment of volunteers; supporting our organisations; ensuring training information is available; and keeping us up to date with safeguarding issues.

As a congregation, we all share the responsibility for keeping our church a safe place for everyone. We ask that you help us in our role by supporting the safety and welfare of others and by contacting us about any safeguarding concern you may have. Thank you.

Linda Burke
Donald Macleod

L829burke@btinternet.com 07870269546
d-macleod@hotmail.co.uk

Church Family News

Deaths

Alison Brown
Elizabeth Connell
Isobel Trainer

We give thanks for their lives.
Please pray for families who grieve

Disjunctions

Helen & Allan Green

Letter from John McKnight

Karen and I would like to thank everyone for their prayers, cards, letters, flowers and telephone calls on the occasion of Ann's passing. Also, the many kind personal expressions of sympathy and support at the funeral were gratefully received.

Many friends expressed their gratitude for the warm welcome received at Cathcart Trinity on the day of the service and thereafter in the church hall.

Thanks also to all those who helped behind the scenes, making the service run so smoothly.

A special thank you to Alasdair for his comforting words and support, and to my elder Karen Beveridge for her kindness and support.



**Erskine Bridge Walk
25th April 2020 at 2pm**

(registration and warm up from 1.15pm)

Starting point: Old Kilpatrick side of Erskine Bridge.

Lusset Park Station Road Old Kilpatrick G605LS

People living in poverty are on the frontline of the climate crisis. They are losing food, water, homes and family. Every day, they walk further, dig deeper and build stronger to survive.

In Kenya, Christian Aid partner ADSE is building dams to help people adapt to droughts and unpredictable rains. Faith is one of these determined and resilient people. She says, "The sand dam has made me and my family feel happy because when it was not there, I was not able to plant anything."

Will you show your solidarity and help us bridge the poverty gap by joining the Bridge Cross Challenge? The sponsorship you raise will help families adapt to the climate crisis around the world.

Can we build a team from Cathcart to participate in the event?

Christian Aid will provide:

Sponsor forms and a bridge cross stamp book to record how many times you've crossed. A badge at the finish line.

A pre-walk warm-up, lawn games and family-friendly entertainment
Refreshments to keep you going

You could:

Wear Red for Christian Aid (official t-shirts will be available for donations on the day) Wear fancy dress!

Ask people to sponsor you for each crossing you can manage on the day either online through "Just Giving" accessed through christianaid.org.uk or using a sponsor form.

If you'd like to participate please speak to Angus Morrison or Wilma Pearson so we can organise registrations, transport and an enthusiastic Cathcart Team.

Care for Creation by Katie Black

I thoroughly enjoyed a seminar entitled 'Creation Care' at Tilsley Bible College in Motherwell and the following is my summary of it.

Why care for creation?

It is a job God has given all of us in Genesis 1 "fill the earth and subdue it" and in Genesis 2, humankind is commissioned to care for the garden. God is the Lord and we His stewards and tenants. Ps 8 says God made us "ruler over the work of His (God)'s hands."

Why pay special attention to the needs of creation now?

Scientific evidence has proved climate change is happening and also the part that the CO₂ released by human activity plays. The atmosphere's gases help protect us from radiation and moderate the earth's temperature to a hospitable global average of 15%. In the past 150 years the temperature has risen 1.1°C. At the Paris Climate Accord, world leaders resolved to limit the rise to 2°C by 2030.

Rising temperatures melt ice-caps, glaciers and permafrost. Maybe you've seen retreating glaciers on holiday? This melt brings raised sea-levels, wetter winters, more flooding, severe storms and in other areas of the world, more severe droughts. U.N. says 10 million people lost their homes and became 'climate refugees' between Jan - June 2019. Climate change makes some places uninhabitable.

Why bother to change?

Because the way the world population lives at present consumes one and a half times what is available – we are depleting reserves. Jungle is rapidly being destroyed, because we want more hardwood palm oil, soya products etc. The sea is over-fished. Species of plants and animals, (insects, fish, birds and mammals) are becoming extinct at an unprecedented rate. Waste is degrading land, rivers and sea, and if we see less damage from waste in our own country these days it's because we dump toxic rubbish overseas in poorer countries.

Why is it so hard to solve the problem?

It is hugely complex. No one country can solve it. For example, oil producing nations can't just stop production. Think of the added turmoil in the Middle East. The problem is hard to solve because to us in the affluent west it is largely out of sight, so most people don't see it. Scientists as a 'species' always understate things, so we may not get

the urgency and no one wants to believe that irreversible damage could be done to the planet.

'Plant a tree in '73,' was a U.K. government slogan in response to an ecological crisis in the '70s. If you knew today that the world would end tomorrow, what would you do? Martin Luther (reputedly) replied 'I would plant a tree.' The problem may be complex but doing nothing is not an option for mankind nor for a Christian

What can we do then?

Here are some suggestions. You could do some, or if you already do some, do more:

- Switch to renewable energy

- Reduce your car use - go electric, share, use public transport

- Reduce flying and off - set your carbon footprint

- Reduce consumption - cut down

- Waste less - reduce, reuse, recycle, upcycle - aim for zero

- Eat sustainably - use your L buy Local

 - O buy Organic

 - A buy Animal-friendly

 - F buy Fair-trade

- Use ethical banking, savings and pension funds

- Grow more food in your garden

- Go for biodiversity – a bug hotel, a mini-pond and plant for biodiversity.

What can be done from a Christian perspective?

We can mourn and repent for the spoiling of the planet – and take on schemes to make amends. We can foster wonder in God's creation and enjoy it. We have hope, Rom 8 v 22-25 says "the whole creation awaits the full revelation of God's salvation." Jesus will come again.

The Lausanne Capetown Commitment's definition of the church's Mission has five distinctives: proclaim the good news, disciple and train believers, serve our neighbours, work for justice for all and care for creation. What will we do as individual Christians to care for the earth and for our neighbour – for all of God's Creation?

The City of Glasgow has embraced the challenge of becoming carbon-neutral by 2030.

What will Cathcart Trinity Church do to contribute to this goal?

PRAISE GATHERING 2020



Thank you to those who have already registered to sing in Praise Gathering 2020 Choir. Remember numbers do have to be limited so please register now and encourage others who may be interested in joining. Being a member of the choir is always fun, exciting and a real blessing – so if you're thinking about it – just do it!!

Singers of all ages are welcome – no audition!
Register via website www.praisegathering.org.uk
All the details of rehearsals are there too.

Concerts are on Saturday 20th June and Sunday 21st June, both at 7pm in the Royal Concert Hall, Glasgow.
Tickets available from Ian Watson

THE COMMISSION
2020

A day of challenge and encouragement for men
Saturday 7th March 2020

“The Power of the Cross” with

Kenny Borthwick John McKinnon Tommy MacNeil

Woodhill Evangelical Church Wester Cleddens Road, Bishopbriggs, Glasgow G64 2NH
9.30am – 4.00pm

Tickets: £15 (Ticket price includes refreshments and a light lunch)

Book at: www.christianmenttogether.com
(or tel: 07895 805313)

Christian Men Together for Scotland is a registered charity – Charity No SC038062

tearfund SCOTLAND

Christian Men Together for Scotland

Websites 4 Christians

MAC Flying for Life

PRECEPT MINISTRIES SCOTLAND

PRAY FOR SU HOLIDAYS THIS EASTER



A few prayer points for Easter events.

- Give thanks for all the young people booked to events at Easter. There are still spaces left – pray for more young people to hear about the opportunity and book.
- Give thanks for the team members who make events possible, many giving up a week's holiday to attend. Pray for them as they get alongside young people, caring for them and sharing something of Jesus in all they do and say.
- Pray for safety in travel and in activities, and for all the logistics to run smoothly, getting people and equipment to the right place at the right time.
- Pray for good weather so that all planned activities can take place safely.
- Give thanks for the staff at our centres who have been busy over the last few weeks with school residential events. Pray for renewed energy.
- Pray particularly for study camps – it can be a stressful time as young people prepare for exams and face lots of decisions about their future. Pray that they would experience God's peace and loving care for them.
- Pray that young people will grow in their understanding of God's love for them as they explore the Bible and respond to the significance of Jesus in their lives. Pray that everyone will have a great holiday!

If you'd like to receive more detailed information to support events in prayer why not consider joining the Prayer Hotline - <https://www.suscotland.org.uk/pray/prayer-hotline/>

What's happening:

- 4-10 Apr EA1 Motiv8 event for S1-3 at Alltnacriche led by Libby Lobban Gordon McKie
- 4-10 Apr EGB1 Voice Project for P5-S1 at Gowanbank led by Jenny Cheung
- 4-13 Apr ESK1 Snowsports for S2-S6 in Austria led by Stephen Jones
- 6-11 Apr EGS1 Motiv8 Holiday for P5-7 at Glenshee led by John Gillan & Carol Baird
- 6-11 Apr ELM1a for P5-7 at Lendrick Muir led by Elaine Watt
- 6-11 Apr ELM1b for P6-S6 at Lendrick Muir led by Kenny & Alison McKie
- 6-11 Apr ELM1c study camp for S4-6 at Lendrick Muir led by Colin Carmichael
- 6-11 Apr ES1 for P5-7 at Scoughall led by Robin MacLellan
- 13-18 Apr EA2 for P6-S4 at Alltnacriche led by Jackie Ringan
- 13-18 Apr ELM2b for P5-S3 at Lendrick Muir led by Bruce Lockhart
- 13-18 Apr EGB2 study camp for S4-6 at Gowanbank led by Angus Moyes
- 8-13 Apr EGS2 Motiv8 event for S1-3 at Glenshee led by David Clipston & John Gillan
- 14-18 Apr ES2 Drama holiday for P5-S2 at Scoughall led by Fiona Stewart & Phil Todd

And finally, please pray for SU Scotland in a period of change as Andy Bathgate retires as Chief Executive at the end of March and Robin MacLellan takes over from 1 April.

Gail McLay

rest and restore

in the CBC Sanctuary
an opportunity to rest and pray



Monday mornings 9.00 am until 10.00 am
at Cathcart Baptist Church
Tea and Coffee available

"CBC is open on a Monday morning from 9am-10am for "Rest & Restore", for anyone to drop in and enjoy a quiet space to rest, to pray, to enjoy the peace and a cup of tea is available too. A good opportunity at the start of the week to bring the week ahead in prayer...or just to have a few moments of silence on your own

It has been a lovely, peaceful space over the past few months for folks from the different churches. **Karen Gurling**



HOLIDAY CLUB for P1-P7

APRIL - Wednesday 15th until Friday 17th

10am until 12noon

At Cathcart Baptist Church

BOOKINGS OPEN on Wednesday 12th FEBRUARY

PYRAMID ROCK is a three-day holiday club run by Cathcart Youth Ministry Partnership (SC039290) for all primary school children (those in P1 to P7).

Travel up the Nile, listen to Red Hot News, open the scrolls in a Pyramid Group and encounter Joseph who trusted God despite everything. Young people will explore the story and discover some key truths about God. There will be drama, craft, games, teaching and much more.

PYRAMID ROCK is free and will run from:

Wednesday 15th April - Friday 17th April

10am until 12 noon

At Cathcart Baptist Church, 96 Merrylee Road, Glasgow
G43 2RA



Cathcart Trinity Church, 90 Clarkston Rd, Glasgow G44 3DA

Cathcart Trinity Church is a registered Scottish Charity,
SC033802

Key Church Contacts:

Minister:

Rev Alasdair MacMillan

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minister@cathcarttrinity.org.uk

Session Clerk:

Angus Morrison

0141 649 2417

sessionclerk@cathcarttrinity.org.uk